

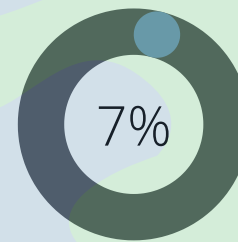
MAY 3RD, 2022

FACTS ABOUT WORLD ASTHMA DAY

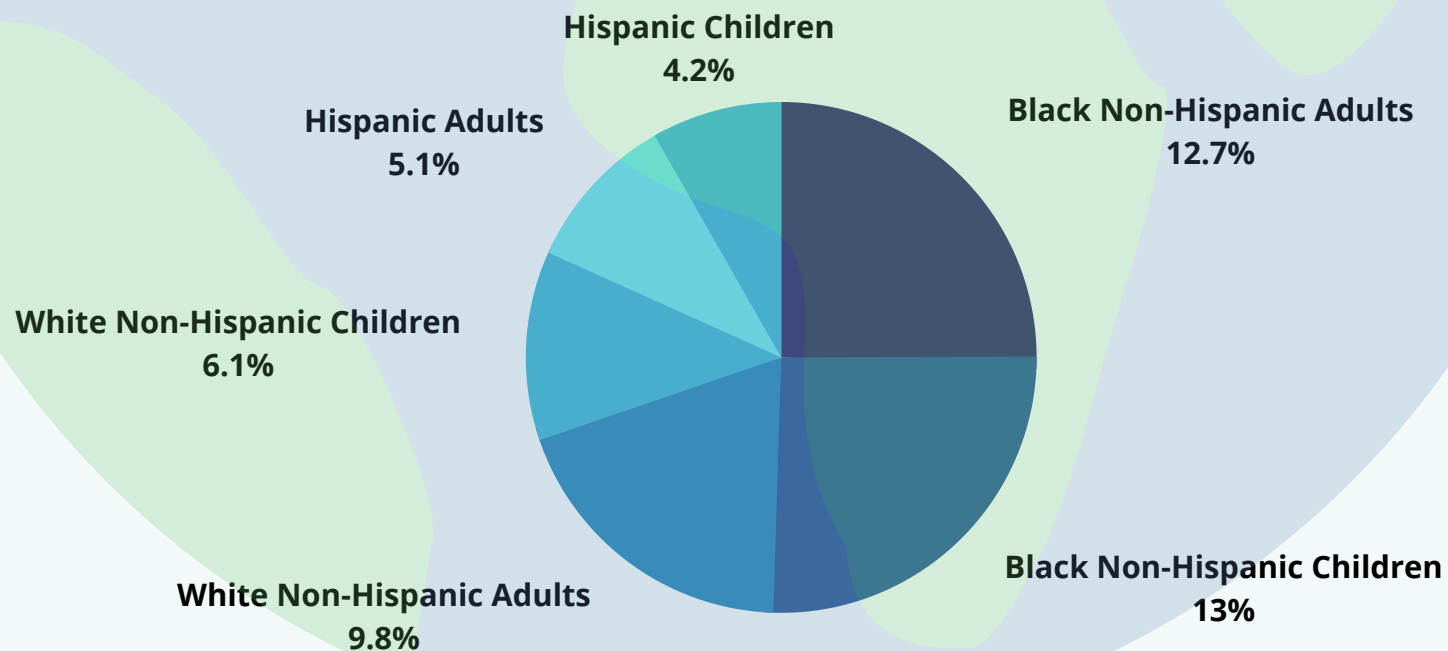
Approximately 25 million Americans have asthma or about 1 in 3 people.



In Indiana about 1 in 10 adult Hoosiers has asthma while the childhood rate is close to about 1 in 15 children according to the Indiana Department of Health.



Race and ethnicity: Black Non-Hispanics have the highest rates of asthma among both adults and children in Indiana



FACTS ABOUT WORLD ASTHMA DAY CONT.

There are several risk factors for Asthma which include:



Environment or Occupation



Family History and Genes



Medical Conditions like Allergies, Obesity, and Respiratory Infections



Race or Ethnicity, individuals who are African American or Puerto Rican are at a higher risk.



Gender- Adult asthma is more likely to affect women, Childhood asthma is more likely to affect boys.

The Indiana Joint Asthma Coalition (InJAC), was first established in 2003 as individuals and organizations interested in reducing the burden of asthma, improving the quality of patient care, reducing environmental triggers and strengthening asthma programming in Indiana. InJAC, in partnership with the Indiana Department of Health, coordinates the development and implementation of the strategic state plan for addressing asthma in Indiana. The following InJAC resources are available at <https://bit.ly/3u5FuAP>: Blog posts and articles, Free Digital Booklets about asthma

About InJAC: InJAC is part of the Connections IN Health project, which is comprised of a team of experts focused on some of Indiana's most chronic conditions, including obesity, asthma, cancer, cardiovascular disease, and diabetes.

Please reach out to Courtney Stewart, Lead of the Indiana Joint Asthma Coalition at cestewar@iu.edu for more information about InJAC.

For more information on InJAC and other chronic disease coalitions in Indiana, contact Connections IN Health at cinh@iu.edu or visit <https://indianactsi.org/community/initiatives>